



September
2024

THE JULIE PATEL FOUNDATION

Thank you for supporting our students
Prepared for: Dr. Ameen Patel

To The Julie Patel Foundation,



Dr. Matthew Sibbald
Associate Dean
Undergraduate Medical
Education

On behalf of the Medical Education Programs at McMaster University, I want to express my sincere gratitude for your contributions to the Faculty of Health Sciences.

Our programs were founded on the premise that medical students should learn medicine the way physicians practice medicine. Your support continues to have a significant impact on our ability to continue providing the highest quality education and research opportunities for our students and faculty. Our mission is to educate and inspire future physicians to improve health and well-being for all through clinical excellence, innovation, scholarship, leadership, and social accountability.

Our medical programs are known worldwide for their innovative approach to medical education, including problem-based learning, early clinical exposure,

and a three-year Undergraduate Medical Education Program curriculum delivered within a distributed medical education model.

Today, McMaster's vibrant student experience, world-class research, and community engagement are empowered by the support of thousands of alumni and donors who also believe strongly in McMaster. Donors like you help us advance human and societal health and well-being as we train health care teams including physicians, nurses, physiotherapists, occupational therapists, physician assistants, midwives and researchers to work together to provide the best patient care.

Once again, thank you for your commitment to the advancement of medical education. Your contribution will have a profound impact on the lives of our students, enabling them to become compassionate, innovative, and socially accountable physicians.

Dr. Matthew Sibbald

Associate Dean, Michael G. DeGroote School of Medicine

Faculty of Health Science
McMaster University

2023-24 Disbursements

The Julie Patel FHS Bursary

Established in 2023 by The Julie Patel Foundation (est. 2018 by the family's children and grandchildren). In loving memory of Julie and Ahmed Patel, born and raised in apartheid South Africa, who did not have the opportunity to go to University, but valued education and believed education was the path to helping those less fortunate successfully navigate the journey to a better life for themselves and their families. To be granted to undergraduate students enrolled in any program in the Faculty of Health Sciences who demonstrate financial need.

Dear Julie Patel Foundation,

My name is XXX, and I would like to express my profound gratitude and appreciation towards this foundation for the bursary I was awarded this year.

As an undergraduate student entering my fourth year at McMaster University in the Biomedical Discovery and Commercialization (BDC) program, the financial support I received has and will truly aid in my achievements and goals.

2023-24 Recipient
Julie Patel FHS Bursary

To give a brief introduction to myself, I am a Chinese Canadian student born in Toronto and ever since high school, I always had an interest in the sciences. As such, I decided to pursue the Life Sciences program at McMaster to further study this subject. In my second year, I specialized into the Biochemistry program and in my third year, I transferred into the

BDC program to learn more about the business side of drug discovery.



Aside from my studies, I am a member of the McMaster's dragon boat club, I am a part-time Army Reservist Medic, and I volunteer at the Juravinski Hospital in the Hospital Elder Life Program.

Ever since my first year of university, I have become financially independent from my parents, and I have been able to support myself through working full-time in the summers and part-time during the school year, OSAP and bursaries from McMaster and the Julie Patel Foundation. Thus, your bursary had a big impact on relieving my financial burdens which allows me to pursue my goals and passions.

Once again, thank you so much for the bursary. I hope your foundation will continue providing financial aid to undergraduate students as it really helped me and I'm sure it would help many others too.

Sincerely,
XXX

The Julie and Ahmed Patel DeGroote School of Medicine Bursary

Established in 2021 by The Julie Patel Foundation (est. 2018 by the family's children and grandchildren). In loving memory of Julie and Ahmed Patel, born and raised in apartheid South Africa, who did not have the opportunity to go to University, but valued education and believed education was the path to helping those less fortunate successfully navigate the journey to a better life for themselves and their families. To be granted to students enrolled in the Michael G. DeGroote School of Medicine who identify as racialized or Indigenous students and demonstrate financial need.

XXX, McMaster UGME Class of 2024 student, is on the road to becoming a future medical scientist.

Prior to joining medical school, XXX was already featured by the BBC and The Guardian for her 2021 Lancet article on the association between head injury and violent crimes among incarcerated women in the

Scottish prison system. Her research not only had directly influenced policy, program development, and advocacy across the Scottish prison estate but also initiated a dialogue about the high incidence of head

trauma and domestic violence in this population.

After completing her MSc in Psychological Research at the University of Oxford, XXX was onboarded as a researcher for a National Offending

Study on head injury, trauma, and other correlates of offending in the Scottish prison system. During her graduate studies,

XXX worked on stress reactivity and its import for resiliency in individuals with Psychopathic traits. XXX has co-authored three journal articles, five abstracts, two conference papers and symposia, six posters, and one book chapter. Her publications include co-authoring an encyclopedia entry on sexual violence victimization.

The Julie Patel Indigenous / Racialized Bursary

Established in 2021 by The Julie Patel Foundation (est. 2018 by the family's children and grandchildren). In loving memory of Julie and Ahmed Patel, born and raised in apartheid South Africa, who did not have the opportunity to go to University, but valued education and believed education was the path to helping those less fortunate successfully navigate the journey to a better life for themselves and their families. To be granted to undergraduate students enrolled in any program who identify as racialized or Indigenous students and demonstrate financial need.